Red Cap service is free but tipping is customary.

Luggage Storage
Amtrak offers luggage storage for ticketed passengers, at a cost of $4.50 per 24-hours (may be subject to change, contact Amtrak to confirm availability).

Bicycles
Bike share stations are located nearby - visit citibikenyc.com for locations, availability, and pricing. Bicycle storage is not available in the station.

Parking
Penn Station is best reached by mass transit, but if you must drive there are several nearby parking facilities. Visit the websites for Icon Parking Systems and Central Parking for locations and rates.

Key
- Elevator
- Restrooms
- Waiting Area
- Escalator
- Taxi Stand
- Water Fountain
- Information

Location
New York Penn Station is located underground, below Madison Square Garden and Penn Plaza.

Accessibility
Elevators between the street and the station are located at the main entrances on 7th Avenue, on 34th Street, and on the Service Drive (closed to vehicles). Elevators to tracks 1-12 are located at the Exit Concourse and the NJ Transit Concourse. Elevators to tracks 13-21 are located at the Central Concourse.

Taxis
Taxis stands are located at 7th Avenue & 32nd Street, and 8th Avenue & 33rd Street.

Red Cap Service
For Amtrak passengers who require assistance with luggage, Red Caps are available at the main Amtrak entrances on 8th Avenue and on the Service Drive, and at the Amtrak waiting area inside the station. Red Caps are generally not available at the 7th Avenue entrances.
Upper Level
Train Service:
- Amtrak
  amtrak.com
- New Jersey Transit
  njtransit.org

Lower Level
Train Service:
- Long Island Rail Road
  mta.info/lirr/
- NYC Subway
  mta.info/nyct/subway/
How to get from Penn Station to...

**Barclays Center**
Take a downtown / Brooklyn-bound 2 or 3 train to *Atlantic Avenue - Barclays Center*.

**Grand Central Terminal / Metro-North Railroad**
Take an uptown A, C or E train to *42nd Street*, and transfer to the S (Shuttle) to Grand Central.

**JFK International Airport**
Both LIRR and NYC Subway provide connecting service to the JFK Airtrain; LIRR is faster but more expensive.

Via LIRR: Visit the ticket counter or a vending machine in the LIRR concourse to purchase tickets to *Jamaica Station*. Check the LIRR departures board to find a train stopping at Jamaica (most do). Speak with a ticket agent or conductor if you have any questions or concerns, and hold on to your LIRR ticket - you will need it to transfer to the Airtrain.

Via Subway: Take an uptown E train to the *Sutphin Avenue* station in Queens (which is located underground below *Jamaica Station*). Exit the subway station and follow signs for the Airtrain located upstairs (note: your subway fare does not include the cost of the Airtrain; you will be required to purchase an Airtrain ticket at the Airtrain boarding area).

**LaGuardia Airport**
There is no direct train service to LaGuardia Airport, but taxis and shuttle buses are available. Travelers can also take an uptown E train to the *Jackson Heights-Roosevelt Avenue* (or LIRR to *Woodside*) and transfer to the Q70 bus to LaGuardia terminals B, C & D.

**Madison Square Garden**
Walk upstairs.

**Meadowlands Sports Complex / MetLife Stadium / IZOD Center**
NJ Transit offers rail service to MetLife Stadium for Jets and Giants games and other major events, and bus service to the IZOD Center for concerts and events.

Visit the ticket counter or a vending machine in the NJ Transit concourse to purchase tickets to the *Meadowlands* station. Take NJ Transit from Penn Station to *Secaucus Junction*, then transfer to a Meadowlands-bound train (or an IZOD-bound bus).

**Newark Liberty International Airport**
Both Amtrak and NJ Transit provide connecting service to the Newark Airport Airtrain; NJ Transit is less expensive and offers more frequent service.

Visit the ticket counter or a vending machine in the NJ Transit concourse to purchase tickets to *Newark Airport Rail Station* (note: this is not the same station as *Newark Penn Station*). After purchasing your tickets locate a NJ Transit departures board - any train with an “airplane” symbol will stop at the *Newark Airport station*. Speak with the conductor when you are boarding if you have any questions or concerns, and hold on to your NJ Transit ticket - you will need it to transfer to the Airtrain.

**Port Authority Bus Terminal**
Take an uptown A, C or E train to *42nd Street*. 